

# Food from Fife Suppliers List



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MEAT & FISH

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BALGOVE LARDER

Award-winning pies, meat packs, and roasting joints of lamb, pork, and beef. A talented team of butchers prepare a wide range of meat from local farms.

Contact number: 01334 898145

Address: Balgove Larder, Strathtyrum, St Andrews, Fife, KY16 9SF

Email: [info@balgove.com](mailto:info@balgove.com)

Website: [www.balgove.com](http://www.balgove.com)

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BUTCHERY AT BOWHOUSE

Whole carcass craft butcher, specialising in Red Lincoln beef, game and mutton from the organic Balcaskie Estate.

Contact number: 01333406410

Address: Bowhouse, St Monans, Fife KY10 2DB

Email: [butchery@bowhousefife.com](mailto:butchery@bowhousefife.com)

Website: <https://butcherybowhouse.com/>

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PUDDLEDUB

Great Taste Award winning picnic pork pies, dry cured bacon and sugar roasted ham. The steak pie and pulled pork pie are both Scottish Craft Butcher award winners but there's a full range of pork cuts including 20 sausage flavours.

Contact number: 01592 780246

Address: Clentrie Farm, Auchtertool, Kirkcaldy, Fife KY2 5XG

Email: [hello@puddledub.co.uk](mailto:hello@puddledub.co.uk)

Website: [www.puddledub.co.uk](http://www.puddledub.co.uk)



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## MEAT & FISH

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### THE BUFFALO FARM

The Buffalo Farm has Scotland's largest herd of Water Buffalo in the hills at Clentrie Farm Auchtertool. A full range of meat cuts and products is available.

Contact number: 01592 646252

Address: Clentrie Farm, Auchtertool, Kirkcaldy, Fife KY2 5XG

Email: [orders@thebuffalofarm.co.uk](mailto:orders@thebuffalofarm.co.uk)

Website: [www.thebuffalofarm.co.uk](http://www.thebuffalofarm.co.uk)

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### ARDROSS FARM

Ardross Farm sell their Pasture for Life, dry aged beef with a range of roasting joints, burgers, pies and fresh produce grown and reared on their farm in the East Neuk of Fife.

Contact number: 01333 331400

Email: [info@ardrossfarm.co.uk](mailto:info@ardrossfarm.co.uk)

Address: Ardross Farm Shop, Elie, Fife KY9 1EU

Website: [www.ardrossfarm.co.uk/](http://www.ardrossfarm.co.uk/)

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### G & J WILSON LTD.

Wholesale fish merchant based in St. Monans. A range of fresh white fish, smoked fish, lobsters, prawns and other species to order.

Contact number: 01333 730537

Address: Unit 1c, Netherton Industrial Estate, Saint Monans KY10 2DW

Email: [info@gandjwilson.co.uk](mailto:info@gandjwilson.co.uk)

Website: [www.facebook.com/gandjwilsonltd/](https://www.facebook.com/gandjwilsonltd/)

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MEAT & FISH

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THE BUFFALO FARM

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The Buffalo Farm has Scotland's largest herd of Water Buffalo in the hills at Clentrie Farm Auchtertool. A full range of meat cuts and products is available.

Contact number: 01592 646252

Address: Boglily Farm Steading, Boglily Rd, Kirkcaldy KY2 5XY

Email: [orders@thebuffalofarm.co.uk](mailto:orders@thebuffalofarm.co.uk)

Website: [www.thebuffalofarm.co.uk](http://www.thebuffalofarm.co.uk)

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THE FARMERS SON

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Artisan black pudding, white pudding, haggis and lorne sausage from the heart of Scotland

Contact number: 01592 646252

Address: Clentrie Farm, Auchtertool, Kirkcaldy, Fife KY2 5XG

Email: [info@thefarmersson.com](mailto:info@thefarmersson.com)

Website: [www.thefarmersson.com](http://www.thefarmersson.com)

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## SOFT FRUIT & ORCHARDS

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### EAST NEUK ORCHARDS

Delicious pressed apple juice and spiced plum compote made from fruit hand-picked from their own orchard and other gardens within Fife.

Contact number: 01333 720719

Address: Gillingshill House Pittenweem, Anstruther KY10 2RX

Email: [contactus@eastneukorchards.co.uk](mailto:contactus@eastneukorchards.co.uk)

Website: [www.eastneukorchards.co.uk](http://www.eastneukorchards.co.uk)

### BACKHOUSE AT ROSSIE

Heritage apples from their orchard are pressed into apple juice; Scottish Breakfast Tea with dried heather flowers or Earl Grey and Blue Mallow Tea – Black Tea, dried Mallow flower & Bergamot oil.

Contact number: 0844 414 5803

Address: Backhouse Rossie Estate, Fife KY15 7UZ

Email: [info@backhouserossie.co.uk](mailto:info@backhouserossie.co.uk)

Website: [www.backhouserossie.co.uk](http://www.backhouserossie.co.uk)

### CAIRNIE FRUIT FARM

Fruit farm with Pick Your Own soft fruit, tayberries, strawberries, raspberries, gooseberries, cherries, blackcurrants. They also have their own range of jams, fruit vinegars and syrups.

Contact number: 01334 655610

Address: Cairnie Fruit Farm, Cairnie House, Cupar, Fife KY15 4QD

Email: [strawbcam@gmail.com](mailto:strawbcam@gmail.com)

Website: [www.cairniefruitfarm.co.uk/](http://www.cairniefruitfarm.co.uk/)

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SOFT FRUIT & ORCHARDS

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MACAULEY'S

Finest sourced quality fresh fruit and vegetables from Scotland's fruit market, local farms and growers.

Contact number: 01592 873524

Address: 172 High St, Burntisland, Fife KY3 9AP

Email: [macauleysfruitveg@gmail.com](mailto:macauleysfruitveg@gmail.com)

Website: [www.macauleys.co.uk](http://www.macauleys.co.uk)

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NEW ALLIANCE LTD

Producers and distributors of Your Piece Bakery Co. oatcakes and biscutis, Fhior fruit drinks, condiments and jams .

Contact number: 01592 654455

Address: Your Piece Baking Company Kirkcaldy Fife, Scotland KY1 3PS

Email: [info@yourpiecebakingcompany.com](mailto:info@yourpiecebakingcompany.com)

Website: <https://yourpiecebakingcompany.com/>

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## BAKERIES

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### G. H. BARNETT BAKERY

Family bakery with a number of branches and supplies businesses across Fife with sweet and savoury baked goods.

Contact number: 01333 310205

Address: Barnett's Bakery, Anstruther, KY10 3JS

Email: [murraybarnett@live.co.uk](mailto:murraybarnett@live.co.uk)

Website: [www.facebook.com/barnettsbakery/](http://www.facebook.com/barnettsbakery/)



### FISHER & DONALDSON

A Royal Warrant-holding fifth-generation family bakery supplying baked goods including their famous fudge doughnuts, bread and hand-cut oatcakes.

Contact number: 01334 652551

Address: Ceres Road, Cupar, Fife KY15 5JT (other branches in Cupar and St Andrews)

Email: [office@fisheranddonaldson.com](mailto:office@fisheranddonaldson.com)

Website: [www.fisheranddonaldson.com](http://www.fisheranddonaldson.com)



### NEW ALLIANCE

### -YOUR PIECE BAKING COMPANY

Wholesale distributor to independent retailers and foodservice of Your Piece Baking Company oatcakes, shortbread, free from baking, porridge bars and breakfast cereal from Fife.

Contact number: 01592 654455

Email: [contact@newallianceltd.co.uk](mailto:contact@newallianceltd.co.uk)

Website: [www.newallianceltd.co.uk/](http://www.newallianceltd.co.uk/)



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DAIRY AND DELI

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ST. ANDREWS FARMHOUSE  
CHEESE COMPANY

A family farm in the East Neuk of Fife since the 1930s, this dairy farm now produces a range of award-winning cheese using milk from their herd of Friesian-Holstein cows.

Contact number: 01333 312 580

Address: Falside Farm, Pittenweem, Anstruther KY10 2RT

Email: [info@standrewscheese.co.uk](mailto:info@standrewscheese.co.uk)

Website: [www.standrewscheese.co.uk](http://www.standrewscheese.co.uk)



THE LITTLE HERB FARM

Small-batch, hand-produced dips, hummus, fruit vinegars and whisky sauces.

Contact number: 01334 657222

Address: Cuparmuir Industrial Estate, Cupar KY15 5RL

Website: [www.thelittleherbfarm.co.uk](http://www.thelittleherbfarm.co.uk)



SCOTLAND THE BREAD

Scotland The Bread produces flour and sourdough starter kits using nutritious heritage variety grains, milled at Bowhouse in the East Neuk.

Contact number: 01333 730625

Address: Unit 8 Bowhouse, St Monan's, Anstruther, Fife KY10 2FB

Email: [info@scotlandthebread.org](mailto:info@scotlandthebread.org)

Website: [www.scotlandthebread.org](http://www.scotlandthebread.org)

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DAIRY AND DELI

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GROWERS GARDEN

Delicious, gluten-free, vegan-friendly broccoli crisps in naked, chilli, cheese and sour cream & chive flavours. Stock can be arranged through one of their wholesale partners or directly through the website.

Contact number: 01334 650062

Address: Growers Garden Limited, Prestonhall, Cupar, Fife, KY15 4RD

Email: [sales@growers-garden.com](mailto:sales@growers-garden.com)

Website: [www.growers-garden.com/](http://www.growers-garden.com/)

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PITTENWEEM CHOCOLATE CO.

Hot chocolates and beautifully packaged chocolates, they supply a range of their products to shops and foodservice in the UK and abroad.

Contact number: 01333 311495

Address: 9 High Street, Pittenweem KY10 2LA

Email: [sophie@thecocoatreeshop.com](mailto:sophie@thecocoatreeshop.com)

Website: [www.pittenweemchocolate.co.uk/](http://www.pittenweemchocolate.co.uk/)

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BOTHY KITCHEN

The Bothy Kitchen, based within the first unit in the Bowhouse courtyard, creates finish at home meals using fresh, local and seasonal ingredients. Specialists in delicious pies!

Contact number: 01333 311495

Address: Bowhouse Farm, St Monans, Anstruther, Fife, KY10 2DB

Email: [hello@bothykitchen.co.uk](mailto:hello@bothykitchen.co.uk)

Website: [www.bowhousefife.com/producer/bothy-kitchen/](http://www.bowhousefife.com/producer/bothy-kitchen/)



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DAIRY AND DELI

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THE SUNSHINE KITCHEN

Growing, making and serving seasonal food. They provide fully-supported work opportunities for young adults with additional needs in Fife.

Email: [hello@thesunshinekitchen.co.uk](mailto:hello@thesunshinekitchen.co.uk)

Website: <https://thesunshinekitchen.co.uk/>



QUAKER OATS LTD

Manufacturers of a variety of oat-based cereals and breakfast bars for retail, foodservices and industrial sales.

Contact number: 0800 032 4490

Address: Uthrogle Mills, Cupar KY15 4PD

Email: [info@quaker.com](mailto:info@quaker.com)

Website: <https://quaker.co.uk/>



RELISH IT

A delicious relish made in Glenrothes, this is gluten-free and vegan.

Contact number: 07743594172

Address: 24 Hendry Road, Kirkcaldy, Fife, KY2 5JJ

Email: [contact@relish-it.com](mailto:contact@relish-it.com)

Website: [www.relish-it.com/](http://www.relish-it.com/)



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DAIRY AND DELI

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MARA SEAWEED

Unusual and healthy seasoning made from seaweed harvested in Fife, Mara Seaweed flakes are a delicious way to add flavour for dishes. They can be contacted directly for wholesale enquiries.

Contact number: 0131 552 1323

Address: 6 Long Craig Rigg, West Shore Business Centre, Edinburgh, EH5 1QT

Email: [info@maraseaweed.com](mailto:info@maraseaweed.com)

Website: [www.maraseaweed.com](http://www.maraseaweed.com)



THE BUFFALO FARM

The Buffalo Farm has Scotland's largest herd of Water Buffalo in the hills at Clentrie Farm Auchtertool. They are producers of buffalo mozzarella and ice cream.

Contact number: 01592 646252

Address: Clentrie Farm, Auchtertool, Kirkcaldy, Fife KY2 5XG

Email: [orders@thebuffalofarm.co.uk](mailto:orders@thebuffalofarm.co.uk)

Website: [www.thebuffalofarm.co.uk](http://www.thebuffalofarm.co.uk)

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ALCOHOL

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LINDORES ABBEY DISTILLERY

Based at the oldest distilling site in Scotland, Lindores is now producing its first whiskies alongside an Aqua Vitae using spices, dried fruit and locally grown green herbs like Douglas fir and sweet cicely.

Contact number: 01337 842547

Address: Abbey Rd, Newburgh, Cupar KY14 6HH

Email: [info@lindoresabbeydistillery.com](mailto:info@lindoresabbeydistillery.com)

Website: [www.lindoresabbeydistillery.com/](http://www.lindoresabbeydistillery.com/)



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OVENSTONE 109

Ovenstone 109 is a small brewery based in an old tractor showroom at in the East Neuk. They make handcrafted bottled beers. Refillable growlers are also available.

Contact number: 01333 311394

Address: Ovenstone Works, Ovenstone, Anstruther, Fife KY10 2RR

Website: [www.ovenstone109.com/](http://www.ovenstone109.com/)

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COFFEE

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MODERN STANDARD COFFEE

With a roastery in Glenrothes, they are a leading specialty coffee roaster in Scotland. They offer round the clock assistance for your brewing equipment.  
Address: 38 Cavendish Way, Glenrothes, Fife, Scotland KY6 2SB  
Website: [modernstandardcoffee.co.uk/pages/modern-standard-coffee-roastery](https://modernstandardcoffee.co.uk/pages/modern-standard-coffee-roastery)

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DISTRIBUTORS

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CRESS COMPANY

Based in Dunfermline, Cress Co. distributes ambient and chilled speciality and artisan foods across the UK using their own fleet of dual temperature (ambient/chilled) vehicles. They supply a range of independent retail customers including delis, cafés, farm shops, butchers, fishmongers, bars and hotels.

Contact number: 0345 307 3454

Address: The Cress Co. Dunfermline

Website: [www.thecressco.co.uk/](http://www.thecressco.co.uk/)

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## CONTACT INFORMATION

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FOOD FROM FIFE CO-ORDINATOR  
Martha Bryce

PHONE NUMBER  
07905 761 525

EMAIL ADDRESS  
[martha@foodfromfife.co.uk](mailto:martha@foodfromfife.co.uk)

WEBSITE  
[www.foodfromfife.co.uk/](http://www.foodfromfife.co.uk/)

